CHECK YOUR ACTIVITY

You can see how you're doing by turning the Activ8 tracker up and down. The device will show your progress towards your daily target.

Synchronize your Activ8 tracker every 2 to 3 days to charge the battery & upload your activity data!

Contact your coach or email support@activ8all.com if you're experiencing problems.

Activ8

www.activ8all.com

1 CONNECT YOUR ACTIV8

Connect your Activ8 tracker to your PC using the USB adaptor. A window will open.

Note: the first time you connect it may take a minute before the window opens.

IMPORTANT
Make sure the device is fully charged at all times.
Charging : red light is on. Fully charged: red light is off.
Charging time: 2 - 3 hours using a USB port or double isolated/SELV type charger

2 START THE SYNC TOOL

Doubleclick "Activ8.exe" to start the Activ8 sync tool application.

Always login to your dashboard using the Activ8 Sync Tool so that the website shows your latest measurements.

3 LOGIN TO ACTIV8

Enter your email address and password to login.

Note: when you are logged in you can change your email and/or password at all times under settings.
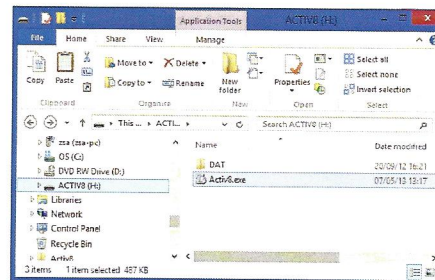
4 ENTER BIOMETRICS DATA

The first time you login, you will be asked to fill in your biometrics data. Activ8 needs this data to work correctly. Press STORE. You will be automatically logged into your personal dashboard using your default browser.
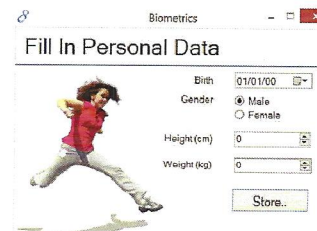
Note: when your coach already entered the biometrics data, you don't have to fill in biometrics data.

5 START WEARING ACTIV8

Put your Activ8 tracker in the pocket of your trousers. For accurate recognition of your activities ensure the tracker is placed flat on your upper leg.

Note: when you are wearing loose clothing (e.g Skirts) the optional Activ8 legstrap can be used.

Make sure the device is fully charged at all times.
Charging : red light is on. Fully charged: red light is off.

6 ACTIV8 APP

When you have an iPhone or Android phone with Bluetooth Smart support, you can download the free Activ8 app from the Apple iTunes Store or Google Play Store. Use your email address and password to login.

Requirements: internet connection, iOS7 on iPhone 4Si or PAD 3rd gen or later. Android 4.3 (API level 18), smartdevice certified for Bluetooth LE. List of certified devices:

www.bluetooth.com/Pages/Bluetooth-Smart-Devices-List.aspx

A INSTALL THE PC DONGLE
(optional for windows pc only)

Connect your wireless bluetooth low energy dongle to a free USB port in your PC. The dongle will install the needed drivers automatically.
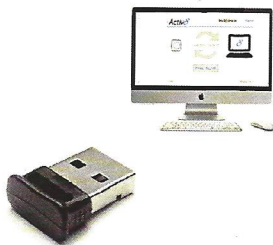
Note: installation of the wireless dongle can take a couple of minutes. Do NOT press the SYNC NOW before the dongle is successfully installed.

C SYSTEM TRAY

When you close or minimize your Activ8 sync tool it stays active in your system tray. You always have quick access to the sync tool and your personal dashboard.
Right click the Activ8 logo to re-open the sync tool or to go directly to your personal dashboard.

IMPORTANT
Please recharge your Activ8 device when the sync tool asks you to do, otherwise you will miss data.
Charging : red light is on. Fully charged: red light is off.

B SYNC ACTIV8 WIRELESS

Safely remove your Activ8 device from your PC. Press the "SYNC NOW!" button to wirelessly synchronize your Activ8 device. When you see "Data Uploaded!", your data has successfully been uploaded.

Note: after the first successful wireless sync, the sync tool automatically synchronizes your Activ8 device every 30 minutes to always obtain the most recent data. Press the Activ8 logo to go to your dashboard.

Safety
This product contains a li-on or li-on polymer battery. There is a risk of fire or burns if the battery is handeled improperly. Do not attempt to open or service the product. Do not dissemble, crush, punture, short contacts or circuits, dispose of in fire or water, or expose the battery/ sensor to temperatures higher than 60*C (140*F).

WARNING
This product contains li-ion polymer battery inside. Recycle or dispose of used battery according to the local regulations.